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# Fire Safety Advice for your home.

Information is supplied courtesy of the Northern Ireland Fire & Rescue Service (NIFRS).

FIRE SAFETY

## Fire Safety in the Home

Almost all fires at home are preventable if you know what to avoid and what to be aware of.

### What to avoid



#### **SMOKING**

Don't smoke in bed or in a chair if you think you may doze. Never leave a lit cigarette unattended. At night, ensure that cigarettes are extinguished.



#### **ELECTRICITY**

Don't overload sockets and make sure you use correct fuses. Don't dry clothes close to electric heaters.



#### **CANDLES**

Choose metal/glass candle holders. Don't place them on plastic/wood surfaces or near soft furnishings and never leave candles unattended.



#### **NAKED FLAMES**

Never let children play with matches or lighters and keep them out of site.



#### **DEEP FAT FRYING**

Don't use an open chip pan fryer. Make sure food is dry before putting into hot oil. If oil smokes, it is too hot. Never throw water onto hot / burning oil. Always turn off cookers/fryers.

## Things to be aware of

#### **ALCOHOL**

Half of those who have lost their lives in house fires, where on their own, have consumed alcohol. Do not start cooking or frying food at night if you have consumed alcohol.

#### COOKING

Keep towels and cloths away from the cooker. When you have finished using it, ensure you turn it off at the wall switch. Keep the oven, hob and grill clean and free from grease. If grill/oven catches fire, close the door and turn off completely.

#### **CLOTHES**

If your clothes catch fire, lie down and roll around. Remember: Stop! Drop! Roll! Cover your body with a fire blanket or thick clothing to put the flames out.

#### **NIGHT TIME SAFE ROUTINE**

Make sure you have a fire safety routine at night to help keep you and your family safe. Switch off and unplug electrical appliances and portable heaters. Close all doors and check that keys to doors and window locks are easily available. Keep hallways and stairs clear from obstructions. Keep a phone in your bedroom for emergency calls. Smokers - make sure the content of ashtrays are cold before emptying. Check furnishings where people have been smoking.

#### **APARTMENTS**

If you live in apartments and the fire alarm sounds, you must evacuate the building using the stairs and should not attempt to use the lift. Risk Assessments are carried out regularly at apartment properties. Tenants must follow all instruction and advice which follows each risk assessment, including the removal of items in corridors which are a fire risk.

### In the event of fire: GET OUT, STAY OUT, CALL NIFRS

**Emergency Services contact numbers** 

#### Northern Ireland Fire & Rescue Service

**EMERGENCY?** call 999

Non emergency, call 028 9266 4221 www.nifrs.org

#### Police Service of Northern Ireland

EMERGENCY? call 999

Non emergency, call 101 www.psni.police.uk

#### Northern Ireland Ambulance Service

**EMERGENCY?** call 999

Non emergency, call 028 7134 7134 www.niamb.co.uk











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